

Trinity Lutheran Christian School Ages 6 Weeks - 8th Grade

## Allergens: Winter Menu 2018-2019

Allergen	Menu Item
Dairy	Monday: Macaroni and Cheese, Buttered Peas
	Tuesday: Peaches and Cream Oatmeal, Yogurt and Granola
	Wednesday: Gingerbread and Milk
	Thursday: Strawberries and Cream Oatmeal, Chicken Pot Pie, Cheese and Crackers
	Friday: Oatmeal Squares
Eggs	Monday: Macaroni and Cheese
	Tuesday: Cranberry Muffins
	Wednesday: Gingerbread
	Thursday: Waffles
	Friday: Oatmeal Squares
Bananas &	Monday: None known
Pineapples	Tuesday: None known
	Wednesday: None known
	Thursday: None known
	Friday: Bananas
Meat	Monday: None
	Tuesday: Baked Chicken
	Wednesday: Turkey Roll-Ups
	Thursday: Waffles and Sausage, Chicken Pot Pie
	Friday: Hamburgers
Gluten	Monday: Cereal, Pretzels, Macaroni
	Tuesday: Oatmeal, Muffins, Farro, Granola
	Wednesday: Cereal, Crackers for Younger Toddlers, Turkey Roll-ups, Gingerbread
	Thursday: Oatmeal, Waffles, Chicken Pot Pie, Crackers
	Friday: Cereal, Oatmeal Squares, Hamburger Sliders, Goldfish
Nuts	Monday: None Known
	Tuesday: None Known
	Wednesday: Celery/Crackers with Peanut Butter
	Thursday: None Known
	Friday: None Known