

Winter Menu 2018-2019

Trinity Lutheran Christian School | Ages 6 Weeks - 8th Grade

Menu Repeats Weekly	*Milk is served at breakfast and lunch	
Monday	Breakfast	Morning Snack
,	Cold Cereal with Fruit	Oranges Slices and Pretzels
	Lunch	Afternoon Snack
	Macaroni and Cheese	Veggies with Hummus
	Applesauce	
	Buttered Peas	
Tuesday	Breakfast	Morning Snack
	Peaches and Cream Oatmeal	Cranberry Muffins
	Lunch	Afternoon Snack
	Baked Chicken	Yogurt and Granola
	Farro	
	Roasted Broccoli	
	Sliced Pears	
Wednesday	Breakfast	Morning Snack
	Cold Cereal with Fruit	Celery with Peanut Butter
		(Crackers with Peanut Butter for Younger
	Lunch	Toddlers)
	Turkey Roll-Ups	
	Apple Slices	Afternoon Snack
	Snap Peas	Gingerbread with Milk
Thursday	Breakfast	Morning Snack
	Strawberries and Cream Oatmeal	Waffles and Sausage
	Lunch	Afternoon Snack
	Chicken Pot Pie	Cheese and Crackers
	(includes: peas, carrots, and onions)	
	Sliced Peaches	
Friday	Breakfast	Morning Snack
,	Cold Cereal with Fruit	Oatmeal Squares and Bananas
	Lunch	Afternoon Snack
	Hamburger Sliders	Goldfish and Apples
	(includes: lettuce, tomato, and pickle)	
	Mixed Fruit	