

☐ My child has no allergies or preferences requiring substitutions			
Parent's initials	Date		

Allergies and Preferences (2018-2019)

Account Name				
Child's Name				
Completing this form VOIDS previous forms. You must re-write all allergies & preferences in their entirety.				

If previous entries are not listed, TELC assumes they are no longer current or necessary.

A note from a medical professional or dietician is required for all allergies.

ALLERGIES to Food & Medicine Be as specific possible and list specific foods, not food groups

Food & Clarifications	Reaction to Expect	Step to take if accidentally ingested	
(Example) Peanu48	Trouble breathing	apply epi-pen immediately;	
(other note oh)		see medication form	
(Example) Mango	Rash develops around mouth	Give Benadryl; see medication form	

PREFERENCES to avoid specific Foods

Food & Clarifications	Reason for Preference
(Example) Milk 40 drink	Tommy gets opset
(yaguru & cheese ok)	
(Example) Vegan	Family Lifestyle

I understand that it is my responsibility to provide **all food** on the days my child requires substitutions and that TELC will not provide food for any snacks or meals on a day that my child cannot partake of the entire days' menu. If milk alternatives are the only substitution, I will provide the alternative and TELC will provide foods according to the menu.

PARENTS' RESPONSIBILITY

- 1. Review the menu daily
- 2. Provide all snacks and meals on a day my child requires food substitutions (It must be ALL food from home for every snack and meal or ALL food from TELC; no exceptions)
- 3. Pack food with any needed ice packs or in a thermos (TELC cannot refrigerate or heat foods from home)
- 4. Write on my child's daily sheet that food from home is in my child's cubby, or for Preschool and Jr. K, tell my child's teacher

Parent's Signature		Date		_
For office use Recorded in ProCare	Tracking Printed for	Dr. Note Classroom	Medication Form Printed for Kitchen	Meds on site Copied Form to Paren
Signature from Office		Date		